

Employee Survey January 2010

- Q1** Have you noticed an increase in sleep or more difficulty waking up in the mornings this winter?
 Yes18% No.....82%
- Q2** Do you generally find yourself in better spirits during the warmer months?
 Yes58% No.....42%
- Q3** Has winter depression affected your ability to concentrate at work?
 Yes 7% No.....93%
- Q4** Out of the following choices, which would you consider your least favorite month of the year?
 January..... 38%
 February 31%
 June..... 11%
 September 9%
 December 11%
- Q5** Of the following, which would you consider to be your biggest cause of stress during the winter months?
 Post-Holiday Withdrawal..... 4%
 New Years Resolutions..... 6%
 Lack of Free Time..... 15%
 Financial Budgets 20%
 Other.....55%
- Q6** If any of these stressors have affected you, would you discuss symptoms of Seasonal Affective Disorder with friends or family?
 Yes55%
 No.....45%
- Q7** Would counseling services provided through your workplace be beneficial in coping with Seasonal Affective Disorder?
 Yes 27%
 No.....73%
- Q8** What information would you find to be most helpful in coping with seasonal affective disorder?
 Tips on Medical Treatment Options 21% Tips on Connecting with other who suffer from Winter Depression..... 18%
 Tips on Alternative Therapies..... 48%
 Tips on Consulting Counseling Services 14%
- Q9** Do you have any friends or family members who currently live in Haiti?
 Yes 5% No.....95%
- Q10** What are you doing to cope with the emotional stress of the news from Haiti?
 Talking with Family/Friends 41%
 Seeking Counseling..... 2%
 Taking no action 36%
 Not affected by the news 22%
- Q11** Is your company offering help to employees affected by the disaster in Haiti?
 Yes22%
 No.....78%
- Q12** How are they offering support?
 Allowing person time off for relief efforts/coping 7%
 Providing counseling or grief services..... 6%
 Providing additional resources..... 19%
 None67%
- Q13** What is your interest in contributing to the Haiti disaster relief efforts?
 Will Contribute/Already Have 51%
 Will Consider Contributing 15%
 Not Concerned with making Contributions..... 17%
 Cannot afford to contribute 12%
 Not interested in contributing 5%



Q14 Has your employer committed to donating money to the Haiti disaster relief efforts?
 Yes 30%
 No 70%

Q15 Has your company agreed to match employee monetary donations to the Haiti disaster relief efforts?
 Yes 10%
 No 90%

Q16 Do you feel that it is important for companies to match employee charitable donations to encourage giving?
 Yes 38%
 No 62%

Q17 If your company matched charitable donations would it change your mind about contributing to a cause?
 Yes28% No72%

Q18 If you are a woman, press 1. If a man, press 2.
 Woman54% Man46%

Q19 If you are 18 to 29, press 1. If 30 to 45, press 2. If 46 to 65, press 3. If older than 65, press 4.
 18 to 29 5% 46 to 6558%
 30 to 4523% Older than 6514%

Q20 If you are Hispanic, press 1. If white, press 2. If black, press 3. If other, press 4.
 Hispanic 15%
 White 68%
 Black 11%
 Other 6%

Q21 What kind of industry do you work in? If you work in a service industry, press 1. If you work in retail or wholesale trade, press 2. If you work in finance, insurance or real estate, press 3. If you work in a construction or minerals industry, press 4. If you work in a manufacturing business, press 5. If you work in transportation, communication or utilities, press 6. If education, press 7. If health care, press 8. If you are a government employee, press 9.
 Service industry 27%
 Retail or wholesale trade 9%
 Finance, insurance, or real estate 9%
 Construction or minerals industry 6%
 Manufacturing business 7%
 Transportation, communication, or utilities 7%
 Education 16%
 Health care 13%
 Government employee 7%

Q22 If you make less than \$25,000 a year, press 1. If you make between \$25,000 and \$50,000 a year, press 2. If you make between \$50,000 and \$75,000 a year, press 3. If you make between \$75,000 and \$100,000 a year, press 4. If you make more than \$100,000 a year, press 5.
 Under \$25,000 28%
 \$25,000 to \$50,000 32%
 \$50,000 to \$75,000 20%
 \$75,000 to \$100,000 11%
 More than \$100,000 9%

Crosstabs

		Gender		
		Base	Woman	Man
Sleep Issues				
	Yes	18%	20%	15%
	No	82%	80%	85%

		Gender		
		Base	Woman	Man
Happier in Warm Weather				
	Yes	58%	57%	59%
	No	42%	43%	41%

		Gender		
		Base	Woman	Man
Winter Depression/Work Effect				
	Yes	7%	9%	4%
	No	93%	91%	96%

Crosstabs

	Base	Gender	
		Woman	Man
Least Favorite Month of Year			
January	38%	43%	31%
February	31%	30%	33%
June	11%	11%	11%
September	9%	8%	11%
December	11%	8%	14%

	Base	Gender	
		Woman	Man
Winter Cause of Stress			
Post-Holiday Withdrawal	4%	5%	4%
New Years Resolutions	6%	6%	6%
Lack of Free Time	15%	17%	13%
Financial Budgets	20%	20%	20%
Other	55%	52%	58%

	Base	Gender	
		Woman	Man
Discuss SAD			
Yes	55%	67%	41%
No	45%	33%	59%

Crosstabs

	Base	Gender	
		Woman	Man
Use Counseling			
Yes	27%	32%	21%
No	73%	68%	79%

	Base	Gender	
		Woman	Man
Helpful Information on SAD			
Tips on Medical Treatment Options	21%	15%	27%
Tips on Alternative Therapies	48%	54%	40%
Tips on Consulting Counseling Services	14%	15%	12%
Tips on Connecting with other who suffer from Winter Depression	18%	15%	21%

	Base	Gender	
		Woman	Man
Friends/Family in Haiti			
Yes	5%	4%	6%
No	95%	96%	94%

Crosstabs

	Base	Gender	
		Woman	Man
Coping with Haiti News			
Talking with Family/Friends	41%	51%	28%
Seeking Counseling	2%	2%	1%
Taking no action	36%	28%	45%
Not affected by the news	22%	18%	26%

	Base	Gender	
		Woman	Man
Company offering help to affected employees			
Yes	22%	24%	20%
No	78%	76%	80%

	Base	Gender	
		Woman	Man
Nature of Support			
Allowing person time off for relief efforts/coping	7%	6%	9%
Providing counseling or grief services	6%	7%	5%
Providing additional resources	19%	21%	17%
None	67%	65%	70%

Crosstabs

	Base	Gender	
		Woman	Man
Interest in Contributing to Relief Efforts			
Will Contribute/Already Have	51%	61%	38%
Will Consider Contributing	15%	14%	17%
Not Concerned with making Contributions	17%	9%	26%
Cannot afford to contribute	12%	13%	12%
Not interested in contributing	5%	3%	7%

	Base	Gender	
		Woman	Man
Has employer donated?			
Yes	30%	30%	30%
No	70%	70%	70%

	Base	Gender	
		Woman	Man
Employer matching donations?			
Yes	10%	10%	11%
No	90%	90%	89%

Crosstabs

	Base	Gender	
		Woman	Man
Important for companies to match			
Yes	38%	46%	30%
No	62%	54%	70%

	Base	Gender	
		Woman	Man
More likely to contribute with match			
Yes	28%	33%	22%
No	72%	67%	78%

	Base	Age			
		18 to 29	30 to 45	46 to 65	Older than 65
Sleep Issues					
Yes	18%	23%	18%	18%	18%
No	82%	77%	82%	82%	82%

Crosstabs

		Age				
		18 to 29	30 to 45	46 to 65	Older than 65	
		Base				
Happier in Warm Weather						
	Yes	58%	69%	56%	58%	59%
	No	42%	31%	44%	42%	41%

		Age				
		18 to 29	30 to 45	46 to 65	Older than 65	
		Base				
Winter Depression/Work Effect						
	Yes	7%	14%	1%	10%	1%
	No	93%	86%	99%	90%	99%

		Age				
		18 to 29	30 to 45	46 to 65	Older than 65	
		Base				
Least Favorite Month of Year						
	January	38%	56%	28%	37%	47%
	February	31%	25%	38%	30%	27%
	June	11%	6%	12%	12%	7%
	September	9%	10%	16%	6%	13%
	December	11%	3%	6%	15%	5%

Crosstabs

	Base	Age			
		18 to 29	30 to 45	46 to 65	Older than 65
Winter Cause of Stress					
Post-Holiday Withdrawal	4%	7%	1%	5%	3%
New Years Resolutions	6%	7%	8%	4%	11%
Lack of Free Time	15%	15%	18%	16%	7%
Financial Budgets	20%	21%	20%	23%	9%
Other	55%	51%	53%	51%	71%

	Base	Age			
		18 to 29	30 to 45	46 to 65	Older than 65
Discuss SAD					
Yes	55%	65%	55%	54%	54%
No	45%	35%	45%	46%	46%

	Base	Age			
		18 to 29	30 to 45	46 to 65	Older than 65
Use Counseling					
Yes	27%	19%	27%	30%	20%
No	73%	81%	73%	70%	80%

Crosstabs

	Base	Age			
		18 to 29	30 to 45	46 to 65	Older than 65
Helpful Information on SAD					
Tips on Medical Treatment Options	21%	24%	23%	21%	15%
Tips on Alternative Therapies	48%	39%	47%	49%	47%
Tips on Consulting Counseling Services	14%	13%	17%	12%	14%
Tips on Connecting with other who suffer from Winter Depression	18%	24%	13%	18%	25%

	Base	Age			
		18 to 29	30 to 45	46 to 65	Older than 65
Friends/Family in Haiti					
Yes	5%	-	8%	5%	4%
No	95%	100%	92%	95%	96%

	Base	Age			
		18 to 29	30 to 45	46 to 65	Older than 65
Coping with Haiti News					
Talking with Family/Friends	41%	40%	32%	43%	45%
Seeking Counseling	2%	3%	2%	2%	1%
Taking no action	36%	28%	44%	36%	27%
Not affected by the news	22%	29%	22%	19%	27%

Crosstabs

	Base	Age			
		18 to 29	30 to 45	46 to 65	Older than 65
Company offering help to affected employees					
Yes	22%	13%	19%	23%	24%
No	78%	87%	81%	77%	76%

	Base	Age			
		18 to 29	30 to 45	46 to 65	Older than 65
Nature of Support					
Allowing person time off for relief efforts/coping	7%	21%	11%	6%	2%
Providing counseling or grief services	6%	11%	8%	5%	7%
Providing additional resources	19%	14%	12%	21%	24%
None	67%	54%	69%	68%	67%

	Base	Age			
		18 to 29	30 to 45	46 to 65	Older than 65
Interest in Contributing to Relief Efforts					
Will Contribute/Already Have	51%	32%	47%	52%	58%
Will Consider Contributing	15%	30%	14%	14%	16%
Not Concerned with making Contributions	17%	10%	22%	17%	12%
Cannot afford to contribute	12%	28%	11%	13%	4%
Not interested in contributing	5%	-	6%	4%	10%

Crosstabs

		Age				
		18 to 29	30 to 45	46 to 65	Older than 65	
Has employer donated?		Base				
Yes		30%	29%	33%	28%	31%
No		70%	71%	67%	72%	69%

		Age				
		18 to 29	30 to 45	46 to 65	Older than 65	
Employer matching donations?		Base				
Yes		10%	22%	13%	9%	10%
No		90%	78%	87%	91%	90%

		Age				
		18 to 29	30 to 45	46 to 65	Older than 65	
Important for companies to match		Base				
Yes		38%	51%	33%	41%	32%
No		62%	49%	67%	59%	68%

Crosstabs

	Base	Age			
		18 to 29	30 to 45	46 to 65	Older than 65
More likely to contribute with match					
Yes	28%	22%	36%	25%	29%
No	72%	78%	64%	75%	71%

	Base	Race			
		Hispanic	White	Black	Other
Sleep Issues					
Yes	18%	25%	17%	14%	23%
No	82%	75%	83%	86%	77%

	Base	Race			
		Hispanic	White	Black	Other
Happier in Warm Weather					
Yes	58%	63%	56%	72%	57%
No	42%	38%	44%	28%	43%

Crosstabs

		Race				
		Base	Hispanic	White	Black	Other
Winter Depression/Work Effect						
	Yes	7%	6%	6%	11%	13%
	No	93%	94%	94%	89%	87%

		Race				
		Base	Hispanic	White	Black	Other
Least Favorite Month of Year						
	January	38%	13%	44%	33%	32%
	February	31%	38%	32%	29%	19%
	June	11%	19%	8%	19%	13%
	September	9%	13%	7%	14%	13%
	December	11%	19%	9%	5%	23%

		Race				
		Base	Hispanic	White	Black	Other
Winter Cause of Stress						
	Post-Holiday Withdrawal	4%	-	6%	-	-
	New Years Resolutions	6%	6%	5%	10%	13%
	Lack of Free Time	15%	6%	19%	10%	6%
	Financial Budgets	20%	38%	17%	19%	10%
	Other	55%	50%	53%	62%	71%

Crosstabs

	Base	Race			
		Hispanic	White	Black	Other
Discuss SAD					
Yes	55%	38%	56%	60%	70%
No	45%	63%	44%	40%	30%

	Base	Race			
		Hispanic	White	Black	Other
Use Counseling					
Yes	27%	31%	26%	21%	43%
No	73%	69%	74%	79%	57%

	Base	Race			
		Hispanic	White	Black	Other
Helpful Information on SAD					
Tips on Medical Treatment Options	21%	19%	21%	26%	13%
Tips on Alternative Therapies	48%	56%	47%	37%	50%
Tips on Consulting Counseling Services	14%	13%	13%	16%	20%
Tips on Connecting with other who suffer from Winter Depression	18%	13%	19%	21%	17%

Crosstabs

	Base	Race			
		Hispanic	White	Black	Other
Friends/Family in Haiti					
Yes	5%	19%	2%	5%	10%
No	95%	81%	98%	95%	90%

	Base	Race			
		Hispanic	White	Black	Other
Coping with Haiti News					
Talking with Family/Friends	41%	50%	38%	38%	45%
Seeking Counseling	2%	-	2%	5%	-
Taking no action	36%	19%	43%	19%	35%
Not affected by the news	22%	31%	17%	38%	19%

	Base	Race			
		Hispanic	White	Black	Other
Company offering help to affected employees					
Yes	22%	13%	22%	39%	13%
No	78%	88%	78%	61%	87%

Crosstabs

	Base	Race			
		Hispanic	White	Black	Other
Nature of Support					
Allowing person time off for relief efforts/coping	7%	6%	8%	5%	10%
Providing counseling or grief services	6%	6%	6%	10%	3%
Providing additional resources	19%	13%	18%	40%	13%
None	67%	75%	69%	45%	73%

	Base	Race			
		Hispanic	White	Black	Other
Interest in Contributing to Relief Efforts					
Will Contribute/Already Have	51%	63%	49%	52%	45%
Will Consider Contributing	15%	13%	15%	19%	16%
Not Concerned with making Contributions	17%	19%	18%	5%	19%
Cannot afford to contribute	12%	6%	13%	14%	13%
Not interested in contributing	5%	-	5%	10%	6%

	Base	Race			
		Hispanic	White	Black	Other
Has employer donated?					
Yes	30%	19%	28%	69%	17%
No	70%	81%	72%	31%	83%

Crosstabs

	Base	Race			
		Hispanic	White	Black	Other
Employer matching donations?					
Yes	10%	13%	8%	29%	7%
No	90%	88%	92%	71%	93%

	Base	Race			
		Hispanic	White	Black	Other
Important for companies to match					
Yes	38%	44%	34%	55%	43%
No	62%	56%	66%	45%	57%

	Base	Race			
		Hispanic	White	Black	Other
More likely to contribute with match					
Yes	28%	38%	24%	31%	40%
No	72%	63%	76%	69%	60%

Crosstabs

	Base	Industry								
		Service industry	Retail or wholesale trade	Finance, insurance, or real estate	Construction or minerals industry	Manufacturing business	Transportation, communication, or utilities	Education	Health care	Government employee
Sleep Issues										
Yes	18%	15%	8%	44%	32%	18%	6%	11%	26%	6%
No	82%	85%	92%	56%	68%	82%	94%	89%	74%	94%

	Base	Industry								
		Service industry	Retail or wholesale trade	Finance, insurance, or real estate	Construction or minerals industry	Manufacturing business	Transportation, communication, or utilities	Education	Health care	Government employee
Happier in Warm Weather										
Yes	59%	60%	71%	72%	48%	76%	58%	58%	45%	42%
No	41%	40%	29%	28%	52%	24%	42%	42%	55%	58%

	Base	Industry								
		Service industry	Retail or wholesale trade	Finance, insurance, or real estate	Construction or minerals industry	Manufacturing business	Transportation, communication, or utilities	Education	Health care	Government employee
Winter Depression/Work Effect										
Yes	8%	9%	5%	8%	-	9%	-	6%	11%	11%
No	92%	91%	95%	92%	100%	91%	100%	94%	89%	89%

Crosstabs

	Base	Industry								
		Service industry	Retail or wholesale trade	Finance, insurance, or real estate	Construction or minerals industry	Manufacturing business	Transportation, communication, or utilities	Education	Health care	Government employee
Least Favorite Month of Year										
January	37%	49%	20%	36%	16%	33%	10%	38%	47%	41%
February	32%	31%	53%	33%	20%	40%	33%	31%	25%	30%
June	11%	8%	10%	11%	28%	3%	30%	3%	17%	13%
September	9%	5%	11%	-	28%	9%	-	20%	9%	3%
December	10%	7%	6%	19%	8%	15%	27%	8%	2%	13%

	Base	Industry								
		Service industry	Retail or wholesale trade	Finance, insurance, or real estate	Construction or minerals industry	Manufacturing business	Transportation, communication, or utilities	Education	Health care	Government employee
Winter Cause of Stress										
Post-Holiday Withdrawal	4%	6%	3%	5%	4%	-	-	6%	7%	-
New Years Resolutions	7%	3%	5%	18%	4%	4%	3%	10%	8%	6%
Lack of Free Time	18%	24%	23%	5%	8%	12%	10%	14%	16%	35%
Financial Budgets	20%	33%	10%	10%	20%	19%	35%	15%	17%	4%
Other	51%	34%	58%	62%	64%	65%	52%	55%	52%	55%

	Base	Industry								
		Service industry	Retail or wholesale trade	Finance, insurance, or real estate	Construction or minerals industry	Manufacturing business	Transportation, communication, or utilities	Education	Health care	Government employee
Discuss SAD										
Yes	54%	56%	74%	54%	16%	52%	30%	64%	62%	44%
No	46%	44%	26%	46%	84%	48%	70%	36%	38%	56%

Crosstabs

	Base	Industry								
		Service industry	Retail or wholesale trade	Finance, insurance, or real estate	Construction or minerals industry	Manufacturing business	Transportation, communication, or utilities	Education	Health care	Government employee
Use Counseling										
Yes	27%	22%	25%	15%	4%	27%	33%	53%	23%	33%
No	73%	78%	75%	85%	96%	73%	67%	47%	77%	67%

	Base	Industry								
		Service industry	Retail or wholesale trade	Finance, insurance, or real estate	Construction or minerals industry	Manufacturing business	Transportation, communication, or utilities	Education	Health care	Government employee
Helpful Information on SAD										
Tips on Medical Treatment Options	23%	28%	25%	15%	8%	19%	40%	20%	19%	29%
Tips on Alternative Therapies	46%	49%	39%	56%	42%	38%	43%	45%	52%	40%
Tips on Consulting Counseling Services	14%	9%	20%	18%	8%	13%	4%	19%	18%	21%
Tips on Connecting with other who suffer from Winter Depression	16%	14%	16%	11%	42%	30%	13%	15%	10%	10%

	Base	Industry								
		Service industry	Retail or wholesale trade	Finance, insurance, or real estate	Construction or minerals industry	Manufacturing business	Transportation, communication, or utilities	Education	Health care	Government employee
Friends/Family in Haiti										
Yes	6%	6%	-	3%	24%	-	19%	-	3%	10%
No	94%	94%	100%	97%	76%	100%	81%	100%	97%	90%

Crosstabs

	Base	Industry									
		Service industry	Retail or wholesale trade	Finance, insurance, or real estate	Construction or minerals industry	Manufacturing business	Transportation, communication, or utilities	Education	Health care	Government employee	
Coping with Haiti News											
Talking with Family/Friends	44%	60%	61%	21%	28%	35%	36%	49%	40%	20%	
Seeking Counseling	2%	1%	3%	2%	-	-	-	6%	2%	6%	
Taking no action	34%	25%	31%	53%	44%	40%	35%	21%	39%	45%	
Not affected by the news	20%	14%	6%	24%	28%	25%	29%	23%	20%	28%	

	Base	Industry									
		Service industry	Retail or wholesale trade	Finance, insurance, or real estate	Construction or minerals industry	Manufacturing business	Transportation, communication, or utilities	Education	Health care	Government employee	
Company offering help to affected employees											
Yes	25%	28%	13%	22%	21%	22%	21%	25%	29%	31%	
No	75%	72%	87%	78%	79%	78%	79%	75%	71%	69%	

	Base	Industry									
		Service industry	Retail or wholesale trade	Finance, insurance, or real estate	Construction or minerals industry	Manufacturing business	Transportation, communication, or utilities	Education	Health care	Government employee	
Nature of Support											
Allowing person time off for relief efforts/coping	7%	9%	8%	2%	4%	3%	3%	3%	11%	13%	
Providing counseling or grief services	6%	5%	20%	2%	-	6%	-	6%	9%	7%	
Providing additional resources	21%	27%	5%	42%	12%	32%	18%	13%	20%	10%	
None	66%	58%	67%	54%	84%	58%	79%	78%	60%	70%	

Crosstabs

	Base	Industry								
		Service industry	Retail or wholesale trade	Finance, insurance, or real estate	Construction or minerals industry	Manufacturing business	Transportation, communication, or utilities	Education	Health care	Government employee
Interest in Contributing to Relief Efforts										
Will Contribute/Already Have	53%	64%	44%	53%	44%	40%	49%	60%	50%	42%
Will Consider Contributing	16%	9%	33%	12%	12%	24%	25%	4%	30%	17%
Not Concerned with making Contributions	16%	16%	16%	30%	16%	21%	10%	14%	5%	27%
Cannot afford to contribute	11%	9%	5%	5%	28%	9%	10%	20%	10%	3%
Not interested in contributing	3%	3%	3%	-	-	6%	6%	1%	5%	11%

	Base	Industry								
		Service industry	Retail or wholesale trade	Finance, insurance, or real estate	Construction or minerals industry	Manufacturing business	Transportation, communication, or utilities	Education	Health care	Government employee
Has employer donated?										
Yes	33%	38%	15%	45%	46%	25%	28%	26%	36%	34%
No	67%	62%	85%	55%	54%	75%	73%	74%	64%	66%

	Base	Industry								
		Service industry	Retail or wholesale trade	Finance, insurance, or real estate	Construction or minerals industry	Manufacturing business	Transportation, communication, or utilities	Education	Health care	Government employee
Employer matching donations?										
Yes	11%	16%	-	22%	-	12%	14%	8%	16%	3%
No	89%	84%	100%	78%	100%	88%	86%	92%	84%	97%

Crosstabs

	Base	Industry									
		Service industry	Retail or wholesale trade	Finance, insurance, or real estate	Construction or minerals industry	Manufacturing business	Transportation, communication, or utilities	Education	Health care	Government employee	
Important for companies to match											
Yes	42%	39%	39%	54%	12%	24%	58%	57%	46%	30%	
No	58%	61%	61%	46%	88%	76%	42%	43%	54%	70%	

	Base	Industry									
		Service industry	Retail or wholesale trade	Finance, insurance, or real estate	Construction or minerals industry	Manufacturing business	Transportation, communication, or utilities	Education	Health care	Government employee	
More likely to contribute with match											
Yes	31%	41%	18%	21%	33%	21%	10%	33%	44%	20%	
No	69%	59%	82%	79%	67%	79%	90%	67%	56%	80%	

	Base	Income				
		Under \$25,000	\$25,000 to \$50,000	\$50,000 to \$75,000	\$75,000 to \$100,000	More than \$100,000
Sleep Issues						
Yes	18%	28%	18%	14%	8%	8%
No	82%	72%	82%	86%	92%	92%

Crosstabs

	Base	Income				
		Under \$25,000	\$25,000 to \$50,000	\$50,000 to \$75,000	\$75,000 to \$100,000	More than \$100,000
Happier in Warm Weather						
Yes	58%	62%	68%	45%	57%	43%
No	42%	38%	32%	55%	43%	57%

	Base	Income				
		Under \$25,000	\$25,000 to \$50,000	\$50,000 to \$75,000	\$75,000 to \$100,000	More than \$100,000
Winter Depression/Work Effect						
Yes	7%	9%	9%	4%	4%	4%
No	93%	91%	91%	96%	96%	96%

	Base	Income				
		Under \$25,000	\$25,000 to \$50,000	\$50,000 to \$75,000	\$75,000 to \$100,000	More than \$100,000
Least Favorite Month of Year						
January	38%	40%	39%	30%	43%	36%
February	31%	25%	33%	33%	36%	36%
June	11%	15%	6%	14%	4%	15%
September	9%	9%	7%	12%	14%	6%
December	11%	11%	14%	12%	3%	7%

Crosstabs

	Base	Income				
		Under \$25,000	\$25,000 to \$50,000	\$50,000 to \$75,000	\$75,000 to \$100,000	More than \$100,000
Winter Cause of Stress						
Post-Holiday Withdrawal	4%	5%	5%	2%	3%	7%
New Years Resolutions	6%	5%	7%	4%	11%	2%
Lack of Free Time	15%	9%	21%	13%	15%	17%
Financial Budgets	20%	26%	23%	11%	16%	14%
Other	55%	54%	44%	70%	55%	60%

	Base	Income				
		Under \$25,000	\$25,000 to \$50,000	\$50,000 to \$75,000	\$75,000 to \$100,000	More than \$100,000
Discuss SAD						
Yes	55%	58%	56%	50%	59%	43%
No	45%	42%	44%	50%	41%	57%

	Base	Income				
		Under \$25,000	\$25,000 to \$50,000	\$50,000 to \$75,000	\$75,000 to \$100,000	More than \$100,000
Use Counseling						
Yes	27%	28%	29%	25%	32%	18%
No	73%	72%	71%	75%	68%	82%

Crosstabs

	Base	Income				
		Under \$25,000	\$25,000 to \$50,000	\$50,000 to \$75,000	\$75,000 to \$100,000	More than \$100,000
Helpful Information on SAD						
Tips on Medical Treatment Options	21%	22%	21%	23%	11%	22%
Tips on Alternative Therapies	48%	44%	41%	57%	59%	53%
Tips on Consulting Counseling Services	14%	11%	18%	11%	18%	4%
Tips on Connecting with other who suffer from Winter Depression	18%	23%	20%	9%	13%	21%

	Base	Income				
		Under \$25,000	\$25,000 to \$50,000	\$50,000 to \$75,000	\$75,000 to \$100,000	More than \$100,000
Friends/Family in Haiti						
Yes	5%	13%	3%	1%	4%	2%
No	95%	87%	97%	99%	96%	98%

	Base	Income				
		Under \$25,000	\$25,000 to \$50,000	\$50,000 to \$75,000	\$75,000 to \$100,000	More than \$100,000
Coping with Haiti News						
Talking with Family/Friends	41%	42%	48%	32%	36%	33%
Seeking Counseling	2%	1%	3%	2%	3%	-
Taking no action	36%	36%	38%	33%	30%	43%
Not affected by the news	22%	21%	11%	33%	30%	24%

Crosstabs

	Base	Income				
		Under \$25,000	\$25,000 to \$50,000	\$50,000 to \$75,000	\$75,000 to \$100,000	More than \$100,000
Company offering help to affected employees						
Yes	22%	13%	24%	31%	23%	19%
No	78%	87%	76%	69%	77%	81%

	Base	Income				
		Under \$25,000	\$25,000 to \$50,000	\$50,000 to \$75,000	\$75,000 to \$100,000	More than \$100,000
Nature of Support						
Allowing person time off for relief efforts/coping	7%	11%	7%	3%	9%	5%
Providing counseling or grief services	6%	7%	7%	6%	6%	3%
Providing additional resources	19%	10%	23%	26%	11%	27%
None	67%	73%	62%	65%	74%	64%

	Base	Income				
		Under \$25,000	\$25,000 to \$50,000	\$50,000 to \$75,000	\$75,000 to \$100,000	More than \$100,000
Interest in Contributing to Relief Efforts						
Will Contribute/Already Have	51%	45%	48%	54%	61%	57%
Will Consider Contributing	15%	15%	18%	12%	10%	16%
Not Concerned with making Contributions	17%	16%	16%	17%	21%	19%
Cannot afford to contribute	12%	20%	13%	9%	6%	5%
Not interested in contributing	5%	4%	5%	7%	3%	4%

Crosstabs

	Base	Income				
		Under \$25,000	\$25,000 to \$50,000	\$50,000 to \$75,000	\$75,000 to \$100,000	More than \$100,000
Has employer donated?						
Yes	30%	21%	34%	38%	25%	31%
No	70%	79%	66%	62%	75%	69%

	Base	Income				
		Under \$25,000	\$25,000 to \$50,000	\$50,000 to \$75,000	\$75,000 to \$100,000	More than \$100,000
Employer matching donations?						
Yes	10%	11%	8%	13%	11%	10%
No	90%	89%	92%	87%	89%	90%

	Base	Income				
		Under \$25,000	\$25,000 to \$50,000	\$50,000 to \$75,000	\$75,000 to \$100,000	More than \$100,000
Important for companies to match						
Yes	38%	38%	36%	43%	35%	40%
No	62%	62%	64%	57%	65%	60%

Crosstabs

	Base	Income				
		Under \$25,000	\$25,000 to \$50,000	\$50,000 to \$75,000	\$75,000 to \$100,000	More than \$100,000
More likely to contribute with match						
Yes	28%	27%	34%	25%	28%	16%
No	72%	73%	66%	75%	72%	84%